



Lamont Health Care Centre

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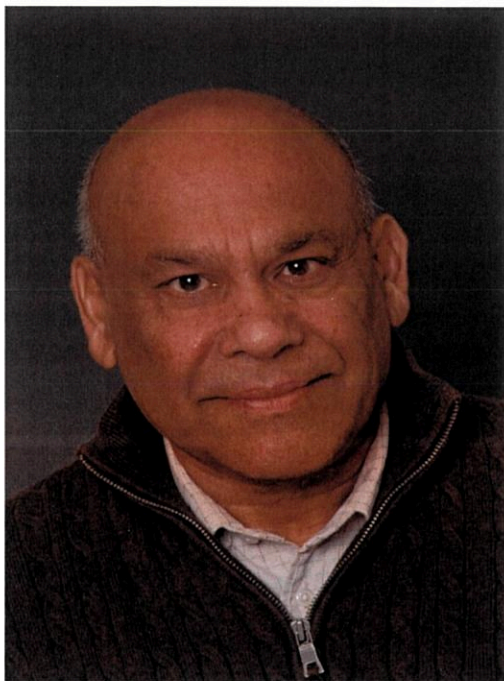


2019 COMMUNITY NEWSLETTER – SPRING/SUMMER EDITION

Greetings & Blessings to all!!

*Spring is the best time when one can see God's presence everywhere and in everything.
With His Grace and Mercy, the dead are brought to life, fruits and flowers blossom and creation gets an extension.*

This Newsletter is dedicated to Harold James, CEO of Lamont Health Care Centre.



The above is not a picture of just another handsome face, it is a picture of Mr. Harold James, the Executive Director (CEO) of Lamont Health Care Centre.

After approximately 40 years of service to Lamont Health Care Centre and the community, Harold has decided to retire from a long and illustrious career in Health Care.

Harold's initial career began in 1966, at St. Jude Hospital in his native island of St. Lucia, WI.

In May 1968, he immigrated to Canada and quickly found a calling to Archer Memorial Hospital in Lamont, a small town where he and his family have always called home.

During the period September 1969 – June 1975, Harold moved to Toronto, where he attended Ryerson Polytechnical Institute and Seneca College (graduated with Honours in Biological Laboratory Technology).

In June 1971 Harold once again returned to St. Jude Hospital in St. Lucia, working as a Laboratory Technologist and got his first taste of Administration by his appointment as the Assistant Hospital Administrator. In January 1973, Harold earned a World Health Organization (WHO) Scholarship to attend the University Hospital of the West Indies in Kingston, Jamaica where he studied and earned a Registered Technologist Certification and a Diploma in Medical Microbiology. His return to St. Lucia was short-lived.

In July 1975, Harold returned to Archer Memorial Hospital in Lamont, taking a position of Laboratory Supervisor until 1978. Through 'distance education', in 1977, he earned his Certification in Health Care Administration from the University of Saskatchewan.

In 1978 Harold moved his family to Arcola, Saskatchewan where he worked as the Administrator & CEO at the Brock Union Hospital.

In 1979, on the invitation of Dr. John Sunley (Medical Superintendent of AMH at the time), Harold became the Administrator and Chief Executive Officer of AMH.

Dr. Sunley has expressed the following:

"One of the best things I did in my life was to bring Harold to Lamont.

*In the words of St. Matthew (25:16-23) -
Well done, thou good and faithful servant."*

Mission Statement

We believe that wholeness of body, mind and spirit is God's will for every person.

We are committed to the healing process, the promotion of health
and the provision of compassionate care to all persons.

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While working and raising a family, Harold again turned to ‘distance education’ and earned a Diploma (1980) and a B.A. (1983) in Health Services Administration from the Canadian School of Management in Toronto and by 1989, completed his Master of Science & Administration with Central Michigan University.

In November 2003, Harold initiated the Community Newsletter, an instrument to inform Lamont and surrounding communities of the services offered at LHCC.

Throughout his tenure at LHCC, Harold wore many hats and shouldered much responsibility while retaining the position of Executive Director/CEO of LHCC. He is a former Health Services Director/Manager of Health Services – Lakeland Regional Health Authority #12 (1999-2002), served as Board Member on Alberta Labour Health Disciplines Board, initiated Lamont & District Ambulance Services, former Administrative Surveyor for LTC Organizations on behalf of Accreditation Canada, formerly Canadian Council on Health Services Accreditation (1997-2006), member of The Canadian & American Colleges of Health Service Executives (2012-2018), Board Director on Catholic Health Association of Alberta & Affiliates (1994-2018), CAO for Lamont County Housing Foundation since 1995 and serves as a Commissioner For Oaths in and around Alberta since 2005.

In March 2007 until August 2008, on an invitation extended by the St. Joseph’s Hospital Board (Vegreville), Harold took a leadership role to oversee operations during a period of uncertainty due to an ‘Infection Control Practices’ breach.

Harold has served as mentor to many in diverse fields of health care, i.e. Board Members, Nursing Staff, Managers, Staff, etc.; he worked his way through an Amalgamation of the Boards of AMH and a District Hospital Board in 1992, several Accreditations, single-handedly dealt with the Insurance Company after the LHCC fire of 1995 and the reconstruction of LHCC, played a significant role in planning the capital project for Morley Young Manor (1998) and the replacement of Lamont’s Beaverhill Pioneer Lodge (2018).

The LHCC Board is in the process of setting up criteria for a Scholarship in Harold’s name as a legacy to this humble gentleman.

Following are excerpts from letters submitted with his nomination by Mr. Shahad Bharmal to receive the Alberta Medical Association medal of Honor 2019 Achievement Award:

Harold James has played a significant role in building and maintaining the exceptional, accessible medical services that not only Lamont but the entire region have relied on for over a century.

Dr. John G. Sunley, Retired MD, Former Medical Superintendent (AMH) & Board Member

Whether it has been his attention to the mundane, his thoughtful guidance, his deep insight or his advocacy for the vulnerable, he has given of himself generously, thoughtfully and willingly to bring his vision to reality. It is a vision that has enriched the lives of many people and Harold has been the inspiration behind that.

Kent Harrold, LHCC Board Chair

Forty years of devotion to his job, his community, his Staff, Colleagues and to the Health Care System of the Province has resulted in this very successful, unique health care facility in such a small community within an hour of Edmonton.

Grace A. Regnier, Retired DON-Lamont Auxiliary Hospital & Nursing Home (1977-1985)

Harold approached everything he did with passion and dedication. He was a true champion for comprehensive quality health care and services and was a leader who was instrumental in building this landscape of health care for the Lamont area.

Evangelen McNamara, Retired DON (1979)

I truly believe Mr. James was a pioneer in modernizing and raising the standards of health care in not only Lamont but also throughout the Province of Alberta.

Evelyn Lopetinsky, Retired DONS- LHCC (1986-2005)

Harold has exemplified what it means to raise the standards of health care across the province. His contributions to the community and to Alberta’s health care system are an invaluable legacy of innovation and compassion.

Ed Stelmach, Board Chair-Covenant Health (13th Premier of Alberta 2006-2011)

I have always found Harold to be very approachable and professional. He treats everyone with respect and dignity. Harold is always very positive in promoting the Health Care Centre, the Foundation and the Region.

Bill Skinner, Mayor- Town of Lamont

I feel that Mr. James, in all his years of service, has allowed our doors to be open and has allowed the exceptional level of service that we provide, and maintains the services to our community and the surrounding communities.

Dr. Zain Mohamed (previous Chief of Medical Staff-LHCC)

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Lamont is a very small town and to show the initiative to bring and actually materialize such diverse and important specialties under one umbrella in a small hospital I think is worth recognition.

Dr. Omar Farooq

The LHCC Board cordially invites you to attend an **‘Open House’ in honour of Mr. Harold James’ retirement.** This event will be held in the **LHCC Courtyard/Healing /Meditation Garden on June 17th, 2019,** commencing at **2:00 p.m. to 5:00 p.m., following the Annual General Meeting of the Board of Management, Lamont Health Care Centre.** We invite you to join us in bidding a fond farewell to Harold as he plans to retire from his position as Executive Director of LHCC on June 30th, 2019.

Mr. Shahad Bharmal will assume the position of ED/CEO effective July 1st, 2019.

Operational Matters

We started our new fiscal year on April 1st, 2019. With the recent elections and many changes in economy, we hope that the funding envelope (not yet released) will be sufficient to be able to keep us afloat.

- **Annual General Meeting**

The Annual General Meeting for Lamont Health Care Centre will be held on **Monday, June 17th, 2019,** in the **Morley Young Manor Rotunda,** commencing at **1:00 p.m. This AGM is open to the Public.** We look forward to your attendance.

- **Accommodation Standards Review**

On June 18 & 19, 2019, a Compliance Officer from Alberta Health will be completing an Accommodation Standards Audit at Morley Young Manor and the Long Term Care Units in order to validate compliance with Provincial Accommodation Standards.

These Standards are in place in order to ensure that our Seniors are provided a safe and secure living environment at all times.

- **Solar Panels**

Lamont Health Care Centre has recently installed 50 additional solar panels to the existing ones. Solar output will double and could save LHCC up to \$8,000.00 a year in electricity. 33,573 KWH was generated from April 2018 to March 2019.

Operational Matters – continued ..

- **Patient/Family Centered Care**

If you are or have been a user of the services provided at Lamont Health Care Centre, you or a responsible family member may also have been asked to validate your name, date of birth, etc. Your family member may also have been asked for clarification of special requirements or you could have had questions regarding the quality of care and medication provided. It is important that both Patient and the responsible family member are engaged in the care being provided. We encourage your participation when the opportunity presents.

- **Partnership with Others**

We continue to build strong partnerships with Alberta Health Services, Alberta Seniors & Housing, Lamont County Housing Foundation, Christian Health Association of Alberta (CHAA), University of Alberta Rural Medical Student and Pharmacy Elective Programs, University of Alberta Family Residency Program, Heartland Primary Care Network, NAIT, Lakeland and Norquest Colleges and others.

These partnerships are important to us since valuable learning opportunities are gained from interactions with Residents and Students.

Our Family Physicians, Supervisors and front-line Staff provide support to Medical Students and Residents alike. Once again, we have arrangements in place for the 2019/20 fiscal year to accept:

- Medical Students
- Medical Residents
- Pharmacy Students
- Paramedic Students
- Nursing Students and others.

FACILITY UTILIZATION

Important information for the year ended March 31, 2019 includes:

Statistical

Beds in use and in service	
Acute Care	14
LTC	105
(includes 4 Community beds for Respite & Palliative Care)	
Supportive Housing Suites	42
- Morley Young Manor	
Total Admissions to Acute Care	283

FACILITY UTILIZATION

Statistical – continued ..

Total Admissions to Long Term Care (includes Respite & Palliative Care)	58
Total Admissions to Morley Young Manor	5
Acute Care Patient Days	3,742
% Occupancy in Acute Care	73.2%
Average Length of Stay in Acute Care	12.91days
Long Term Care Resident Days (includes Respite & Palliative Care)	33,763
% Occupancy in LTC	88%
Average Length of Stay in LTC	744 days
% Occupancy in Morley Young Manor	95%
Total Surgical Procedures Performed	2,530
Minor Surgery performed outside of Operating Room Theatres	286
Emergency Visits	4,938
Scheduled Out-Patient Visits (Podiatry/Stress Testing/Surgical Consults and Pre-Operative Visits)	1,531
Total Physiotherapy Visits	20,426
Total Occupational Therapy Visits	3,628
Total Recreational Therapy Visits	18,597
Total Diagnostic Radiology Visits (includes ECGs)	8,886
Total Meal Days	44,808
Total Patient Registrations	18,512
Total Staff on Payroll (includes Full-time, Part-time & Casual)	250

Financial Operations

Total Revenues	\$15,887,485.
Total Expenditures	\$15,661,476.

Medical Services

Family Medicine Services are provided by appointment only through the following Clinics:

Lamont Family Physician Clinic Phone: 780-895-5910

Dr. Jaime Namit – Family Physician

Clinic Days: **Monday through Friday**
Office Hours: **7:00 a.m. – 2:00 p.m.**

Astotin Medical Clinic Phone: 780-895-7436

Dr. Zainool Mohamed – Family Physician & Palliative Care Consultant for Alberta Health Services

Clinic Days: **Monday**
Office Hours: **9:00 a.m. – 5:00 p.m.**

Dr. Eyad El-Hajj – Family Physician

Clinic Days & Hours: **Monday, Tuesday & Wednesday**
9:00 a.m. – 5:00 p.m.
Thursday 9:00 a.m. – 6:00 p.m.
Friday 9:00 a.m. – noon.

Medical Services – continued ..

Lamont Medical Clinic

Dr. Claudiu Iordache – Family Physician

Phone: 780-579-1333

Clinic Days: **Monday through Friday**
Clinic Hours: **9:00 a.m. – 5:00 p.m.**

YULA Medical Clinic

Phone: 780-579-2222

Dr. Ebele Mgbor – Family Physician

Clinic Days: **Monday through Friday**
Clinic Hours: **8:30 a.m. – 5:00 p.m.**

Bruderheim Community Clinic (South Entrance)

Clinic Day & Hours: **Thursday 2:00 p.m.–7:00 p.m.**
Located in Bruderheim at 4901 Queen Street
Appointments are made through the Clinic in Lamont.

Dr. Bilal Rizvi has resigned from his Clinic practice on May 20th, 2019, but will continue to have Locum Privileges at Lamont Health Care Centre.

Lamont Medical Clinic Phone: 780-895-2206

Dr. Deng Mapiour & Dr. Omar Farooq – Specialists in General Surgery

Clinic is located across from the Diagnostics Services (Laboratory/X-Ray) Department.

Consult Appointments by Referral Only.

Physician On-call

A Physician is on-call for the provision of Emergency Services seven days per week.

Hence, if you have a need for emergent care, you are encouraged to visit the Emergency Department for timely care. Persons attending the Emergency Department are triaged by a Nurse and are seen based on the level of acute need. You may not be seen in the order of what time you arrive; severe trauma, heart attacks will be given priority.

Accordingly, your wait in the ER may be longer than anticipated and in some instances may be longer than 2-4 hours.

Your patience at such times will be greatly appreciated.

Please note that we do not disclose the name of the Physician On-call; the service is there for **emergencies only** and is not normally used for elective visits.

Security

Please note that for security reasons, the Main Entrance to the Hospital will be locked from 8:30 p.m. daily and will be re-opened for public access at the following times:

Monday through Friday 6:30 a.m.
Weekends and Stat Holidays 7:00 a.m.

Emergency Services

A reminder to Residents that the **Emergency/Out-Patient Department** is open **daily (including weekends and statutory holidays)** between the hours of **8:00 a.m. and 8:00 p.m.** A Physician is on-call for emergency services. The Emergency Department is opened for use by Patients who are in need of Acute Emergency Services; e.g. severe trauma, chest pain, acute respiratory distress, severe allergic reactions and other medical emergencies. Patients requiring non-emergency care may be referred to their Family Physician. Prescription renewals **will not** be filled in the Emergency Department.

Please note that residents requiring access to Emergency for non-Acute Services after 8:00 p.m. are reminded to attend Fort Saskatchewan Health Centre, St. Joseph's General Hospital (Vegreville) or another community hospital which offers 24-hour Out-Patient/Emergency Services.

An important message to all residents of our community – for after hours (8:00 p.m. to 8:00 a.m.) Acute Emergency Care -

If you are experiencing chest pain or if you are in severe respiratory distress, please call an Ambulance immediately and get to the hospital for assessment and management.

Ambulance and other emergency vehicle traffic can access the LHCC Emergency Department on the West side of the Main Entrance via 52nd Avenue and North on 54th Street.

Accordingly, if you or an Ambulance should visit the Emergency Department after 8:00 p.m. for a life-threatening emergency, a Nurse will assess your condition and will provide advice about treatment options and/or request the presence of the Physician on-call for immediate treatment if required and deemed necessary.

Calling the hospital after 8:00 p.m. may not provide an answer to your problem/concern; you may be asked to visit the nearest Emergency Department or if you require advice, call **HEALTH Link Alberta '811'**.

HEALTH Link Alberta provides health advice 24 hours a day - Call '811'

You never know when you'll need immediate health advice or information. One call will connect you to a Registered Nurse who can answer your questions and give you sound advice whenever you need it because health needs don't keep office hours.

Visiting Specialists

* **Obstetrician/Gynaecologist** Dr. S. Azer
* **Ophthalmology** Dr. R. Harris, Dr. M. Kutzner & Dr. J. Heston
* **Stress Testing** Dr. A. Bharmal
* **Orthopedic Surgeon** Dr. A.R. Manolescu
* **Appointments with Dr. Azer, Dr. Harris, Dr. Kutzner, Dr. Heston, Dr. Bharmal and Dr. Manolescu are made through their respective Offices.**

Foot/Ankle Surgical Specialists

Dr. Karim Ravji, Dr. Samir Lalani, Dr. Priya Anand

Appointments with the above Specialists are by **Referral Only.**

This Clinic offers a variety of Foot Care Services including Diabetic Foot Care, STEM Cell Injections, Orthotics, etc.

ENT Specialist

Appointments by Referral Only Phone: 780-579-1717
Clinic Days & Hours: **Thursday & Friday 8:00 a.m. - 4:00 p.m.**

The ENT Clinic is located in LHCC across the hallway from the Diagnostic Services (Laboratory/X-Ray) Department.

Other Health/Medical Services

Podiatry – Dr. D. Gibbs

Visits are made at least monthly. No referral necessary. Please phone the **Lamont Health Care Centre Business Office** at 780-895-2211 if you wish to access this Service.

Prosthetics & Orthotics Clinic

Bouma Orthotic Clinics and Troppman Prosthetics Ltd. have partnered with Lamont Health Care Centre to hold clinics for those persons requiring these services. Appointments can be made by calling:

Troppman Prosthetics 780-438-5409
Bouma Orthotic Clinics 780-417-7008

Lamont Vision Centre

Phone: 780-895-2770
Optometrists Dr. Scott Lopetinsky, Dr. Kerri Erickson & Dr. Rob Eastwood

Clinic Days & Hours: **Monday through Friday 9:00 a.m. – 5:00 p.m.**

Services offered include:

- Routine Vision and Diabetic Exams
- Cataract Assessments
- Driver's Vision Exams.

Optometrists are available for scheduled appointments all day every Tuesday and Thursday and on Friday mornings. The **Optometry Clinic** is located on the Ground Floor of the Archer Building.

Alberta Heartland Primary Care Network (AHPCN)

The AHPCN is located on the Ground Floor of the Archer Building.

Telephone: **780-895-2022**

Referrals are accepted from Lamont Physicians or one can phone directly for an appointment.

Services include:

- Mental Health Support
- Senior Health Assessments
- Diabetes Support and Education
- Weight Management & Education
- Pre-Diabetes
- Women's Health
- Pharmacist Support
- Physical Activity & Exercise Counselling
- Nutrition Support and Education.

Alberta Health Services – Home Care/Community Health, Rehab Services, Mental Health & Addiction Services

These Services are available from the **Lamont Health Unit** which is located in the **Archer Building** of the Lamont Health Care Centre. Residents requiring access to these Services may call directly to **780-895-5817** or call **780-895-2211** and ask for Home Care, Community Rehab or Mental Health & Addiction Services.

Lamont Dental Clinic *Dr. Dorothee Saleski - Dentist*

Clinic Days: **Tuesday through Friday**

Clinic Hours: **9:00 a.m. – 5:00 p.m.**

Telephone: **780-895-2566**

Clinic is located on Main Street Lamont (next to Alberta Treasury Branch).

'MEDICAL CORNER'
DIABETES MELLITUS

Diabetes Mellitus (DM) is a condition in which the Pancreas no longer produces enough Insulin or cells stop responding to the Insulin which is produced so that glucose in the blood cannot be absorbed into the cells of the body.

DM is a Chronic Disease that causes serious health complications including kidney failure, heart disease, stroke and blindness.

Symptoms include frequent urination, lethargy, excessive thirst and hunger.

The causes of DM are unclear; however, there seems to be both hereditary and environmental factors involved, obesity and age.

Types of Diabetes Mellitus:

1. TYPE I Sometimes called Juvenile Diabetes, begins most commonly in childhood or adolescence, also called Insulin-Dependent Diabetes.

DIABETES MELLITUS – continued ..

2. TYPE II Occurs in approximately 5% of people under 50 years of age and increases to 10% - 15% in those over 50.

3. Gestational Diabetes can develop during pregnancy and generally resolves after the baby is delivered.

Currently there is no cure for Diabetes. The condition however, can be managed so that patients can live a relatively normal life.

Treatment of Diabetes focusses on two goals:

- Keeping blood glucose within normal range
- Preventing the development of long term complications.

Dr. Eyad El-Hajj, Chief of Medical Staff – LHCC

Pastoral Care Services are provided by a non-denominational group of Ministers. The Services are coordinated by our facility's Pastoral Care Director, Rev. Debbie Brill.

These Ministers provide Pastoral Care support to Acute Care Patients, Long Term Care Residents and families through on-going visits, prayer, spiritual counselling and one-to-one special visits.

Weekly Services are also held in the facility's Chapel. These Services are open to all denominations.

In addition, Roman Catholic Church Services are held every Saturday in the Chapel, commencing at 4:30 p.m.

The Pastoral Care Director also holds monthly Memorial Services on behalf of Residents who have passed away. These Services are opened to all Res

Families are encouraged to support and use this special spiritual ministry for loved ones and other family members.

These dedicated Ministers are very special and add another dimension to the care provided at Lamont Health Care Centre.

The current list of Ministers who serve at the facility are:

- Pastor Wayne Larson – Bruderheim Community Church (Phone 780-796-3775)
- Roman Catholic Church
Father Kristopher Schmidt (Phone 780-995-3930)
Father Anthony Narisetty (Phone 780-916-6221)
- Father Alex Suraiev – Russian Orthodox Church (Phone 780-895-2149)
- Father Iryney Valyavka – Ukrainian Catholic Church (Phone 587-598-4500)
- Rev. Debbie Brill – United Church of Canada (Phone 587-588-7815)
- Pastor Dan Harstad – Lamont Alliance Church (Phone 780-887-8376)
- Rev. Jeffrey Dul – Lutheran Church (Phone 587-566-7186).

Arrangements for one-to-one visits/prayers, etc. can be made by calling the appropriate Minister directly.

Volunteer Corner

Volunteers play an important role in our hospital by volunteering their talents to assist Residents and Patients with various activities. These include recreational support, bus outings, reading, directing Patients to various services, walking Residents, etc.

Anyone who has an interest in serving at our Community Hospital is invited to contact Ms. Wendy Horricks at 780-895-2211; she will be pleased to offer a tour of the facility and also discuss areas of interest where you can play a significant role in the care and service offered to our Residents.

We know that Volunteers are the heart of our Community and they do not replace Professional Staff; however, the presence of Volunteers in our facility is a very valuable asset as they interact and build relationships with Patients/Residents. These relationships offer a unique experience in fostering Patient/Resident satisfaction and bringing smiles to the lonely and disenchanted.

You can make a difference; we invite you to take the first step and consider joining the team. An Orientation/Educational Program is available to all Volunteers.

Please note that The Auxiliary to the Lamont Health Care Centre is recruiting new members and extends an invitation to the public to join the organization. The reward is the giving of one's self in service to others. Men, women and youth are welcome to join.

For further information please contact Ms. Sheila Vilcsak at 780-895-2971.

Parking

Community patrons are reminded to observe/obey the parking signs around Lamont Health Care Centre. Please do not block the Main Entrances, Fire Hydrant or any other marked areas. **Vehicles found in these locations will be towed away at owner's expense.**

Patrons are also asked to turn off running engines since the engine exhaust is taken into the regular ventilation system. The exhaust can be very nauseating to Patients, Residents, Staff and visitors.

Patrons who attend Lamont Medical Clinics are reminded that the West Parking Lot is designated for "Staff Parking Only".

Visitors are asked to park along the public streets. This also includes visitors to Morley Young Manor.

Smoking

Lamont Health Care Centre is a designated smoke-free facility (Hospital & Grounds). We ask those who need to smoke, to do so at least 5 metres away from all doorways and building entrances. Please refrain from smoking in the Front Entrances.

Smoking – continued ..

Once again, we encourage all community patrons/Patients and visitors to respect the 'no smoking' signs as posted.

The Town of Lamont has a new smoking bylaw; please note that smoking should always be at least 5 metres (approx. 16.5 feet) from entrances to public buildings. A fine will be enforced by the Town for non-compliance.

Donations

Donations-in-kind

External

LHCC has donated a Cautery Machine to a Third World Country. This Machine will be used by the Operating Room in that country.

Other

We extend our thank you to:

Jamie Fedyniak - TV to MYM.

Inge Donison - 'Bench in memory of Mickey'.

Joan Fraser - Crocheted 'Lap Covers' for Residents in LTC.

Pat Taylor – an on-going supply of 'Therapeutic Hand Muffs for Dementia'

'Loose Threads Quilt Club'

- an on-going supply of **'Therapeutic Lap Covers for Dementia'** as well as **Quilts for Palliative Care Patients and Residents.**

Sigrun Jones for donating flowers from **Jones' Greenhouse** and for her time and talent planting flowers around the facility, beautifying the Grounds.

Marilyn Thomas & the Dietary Staff along with others for their fundraising initiative to enhance the ambience of the LHCC Cafeteria for the benefit of patrons.

The **LHCC Wellness Committee** is currently raising funds to refurbish the Quiet Room for the benefit of our Patients & Community.

Jean Stacey, owner of the former 'Flower Pot' for donating birthday corsages & boutonnieres to our LTC Residents over the past 19 years.

Donations-in-kind

Other – continued ..

The Auxiliary to the LHCC for honoring deceased LTC Resident with a ‘Farewell Quilt’, ‘Farewell Banner’ and ‘Farewell Placemat’ (quilted by the **Loose Threads Quilt Club**).

The ‘Quilt’ is used to cover the deceased Resident as he/she is moved from his/her room. The ‘Banner’ is hung on the deceased Resident’s room door; the ‘Placemat’ is placed at the deceased Resident’s table setting in the Dining Room. The ‘Banner’ and ‘Placemat’ are ‘in place’ in memory of our ‘LTC community member’ for a period of 24 hours.

The symbolism of a Resident’s death that has been created by the “Farewell Quilt, Banner and Placemat” has become a celebration honoring the individuals’ lives. It is a meaningful way for our Staff who have cared for the Resident on a day-to-day basis to say their ‘goodbyes’ in a dignified manner and to provide closure. Residents and families are also touched by this loving and caring tribute.



Pictured above, displaying the ‘Banner’ & ‘Placemat’ are (l→r) Jody Zabel (LHCC Social Worker), Rev. Debbie Brill (LHCC Chaplain), Pat Taylor (member of The Auxiliary & LTQC) and Sheila Vilcsak (President of The Auxiliary to LHCC)

Pictured below is the ‘Farewell Quilt’



Donations

We encourage community support of monetary gifts, memorial donations and/or bequests to Lamont Health Care Centre.

Donations are used to enhance the care and service provided and are directed toward the purchase of capital equipment, various Patient/Resident Comforts or for other specified purposes.

The need for new and improved technology is on-going; your support makes a difference in the lives of those entrusted in our care.

Every donation, no matter how small, makes a difference. Your support has been and will always be invaluable as we strive to find ways to supplement the funding provided to our facility in order to keep up with purchases/additions of new technology at LHCC.

We acknowledge with sincere thanks and appreciation the following donations:

Memorial Donations

Patient Comforts **\$4,092.60**
 in memory of Doris Bodnaruk, Clarence Jerome, Henry Stach, Albert Engman, Alice Miskiw, Carol Dziwenko, Gerald Tymchyshyn, Olga Serink, Nicholi Tichkowski, Linda Hauer, Lawrence Chichak, Mary Ann Oshust, Elmer Schram, Jennie Medynski, Sophie Dziwenko, Ilse Saleski, Eleanor Price, Cliff Ungaren.
Towards LHCC Wellness Committee **\$ 117.52**
 in memory of Clarence Jerome.

Other Donations

Towards Setting up a ‘Travel Petting Zoo’ **\$ 370.00**
Towards ‘Therapeutic Garden Ramp/Patio Project’
 by Our Lady of Lourdes Council #6382 Knights of Columbus **\$ 150.00**
 by Lamont Lions Club **\$ 250.00**
Towards Purchase of Mini-Van
 by Josephburg Community Church **\$ 500.00**
Towards Refurbishing ‘Quiet Room’
 by Bev Roth **\$ 60.00**
 by Denise Warawa **\$ 50.00**
 by Mary Ann Borys **\$ 50.00**
 by Rose Twardowski **\$ 100.00**
 by Mark & Sheryl Malica **\$ 100.00**
Garden Court
 by Lawrence & Pat Hryniw **\$ 200.00**
Use of CC Lounge
 by Valerie Skripitsky **\$ 50.00**
Use of MYM Rotunda
 by Donna Mills **\$ 100.00**
 by Wayne Fesyk **\$ 100.00**

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Other Donations – continued ..

<i>Patient Comforts</i>	
by Josh Kolenc	\$ 50.00
by Eva Kolenc	\$ 20.00
by Anonymous	\$ 250.00
by Anonymous	\$1,500.00
by Jessie Kolodychuk	\$ 100.00
by Linda & George Childs	\$ 20.00
by MYM Residents	\$ 50.00
by Molly Weleschuk	\$ 20.00
by Dorothy Purschke	\$ 20.00
by Janet Patton	\$ 100.00
by Mary Dehod	\$ 15.00
by Sophie Sheptycki	\$ 25.00
by Bessie Fedoruk	\$ 50.00
by William Hamilton	\$ 20.00
by Jason Logozar	\$ 50.00
by Hans Schneider	\$ 100.00
by Barbara & Alvin Holowaychuk	\$ 50.00
by David Chanasyk	\$ 100.00
by Cassie Gavinchuk	\$ 50.00
by Cynthia Smith	\$ 50.00
by Angie Pysar	\$ 50.00
by Deborah Boyce & Dennis Makowecki	\$ 50.00
by Terrence & Alexia Epp	\$ 100.00
by Patience & Bruce MacArthur	\$ 25.00
by Avis Ostafichuk	\$ 50.00
by Brenda & Robert Engler	\$ 50.00
by Lillian Skiba	\$ 100.00
by Robert & Cindy Starko	\$ 50.00
by Dorothee Saleski	\$ 200.00
by Andrew L.Y. Chu Prof. Corp.	\$ 500.00
by Ian & Karen Carter	\$ 500.00
by Helen Tymchuk	\$ 100.00
by Jasper United Church	\$ 567.80
by Diagnostic Services Staff	\$ 80.00
by Ella Andruchow	\$ 75.00
by William & Mary Procinsky	\$ 100.00
by Kathy Batty	\$ 20.00
by Bruderheim Lions Club	\$1,000.00
by Lamont United Church Special Events	\$ 200.00
by Auxiliary of LHCC	\$2,500.00
United Way on behalf of	
Joe Gluckie	\$ 12.01
Anonymous	\$ 213.06
Melanie Craigen	\$ 398.41
Costco	\$ 438.00

7th Annual Dr. M. Ray Memorial Golf Tournament

The 7th Annual Dr. M. Ray Memorial Golf Tournament will be held on *Saturday, June 22nd, 2019* at the *Whitetail Crossing Golf Course* in *Mundare*.

Your support at this event will be greatly appreciated. Please mark your calendars.

You may visit the Website for details at www.lhccgolftournament.com

Donations to this event will be recognized in a future edition of the Community Newsletter.

Website

We invite you to visit the LHCC's Website at www.Lamonthehealthcarecentre.com.

Please share your thoughts and provide your comments/feedback about the design/information and other features of this Website.

In closing, Mr. Shahad Bharmal, AED leaves you with this short tribute to Mr. Harold James:

People like Harold have dedicated their lives to serve God through their service to mankind.

God's Knights don't have to fight wars to win hearts.

Thank you.



*Yours in Christ,
Board, Administration & Staff*