



Lamont Health Care Centre

Telephone (780) 895-2211 Fax (780) 895-7305
P.O. Box 479, 5216-53 Street, Lamont, Alberta T0B 2R0



2016 COMMUNITY NEWSLETTER – WINTER EDITION

Greetings & Blessings to all!

As we prepare for the Season of Advent, we are reminded that

*“In the busyness of the Christmas Season,
the heart needs those times when it can quickly reflect
upon the goodness of the Lord
and offer up thanks for all the blessings that His grace has so freely given.”*

Operational Matters

The operating cycle for fiscal year 2016/17 is well in progress. Alberta Health Services has provided a funding increase of less than 2% to last year's operating grant, thereby making it difficult to sustain our operations given increases in the cost of supplies/salaries/anticipated carbon tax and on-going maintenance of our aging facility.

The service volumes have not changed for fiscal year 2016/17; however, we continue to face public pressure for increasing Emergency Service to 24 hours per day, seven days per week.

The capital equipment allocation for 2016/17 is approximately \$159,000.00. Capital equipment replacement will be limited for the coming year. The current need is well over \$350,000.00.

Transportation from our site to unapproved sites has become a challenge. We are currently embarking on a plan to purchase a mini-van for this purpose. Donations specially targeting a transport vehicle would be appreciated. The current capital cost is approximately \$42,000.00.

Unapproved sites include attendance at various Specialists' offices, PCN, Medical Imaging Consultants, Podiatrist and Optometrist Offices. Approved facilities cover transfers between Hospitals, Long Term Care Centres and Diagnostic Services/Procedures at major urban hospitals.

Partnership with Others

We continue to work hard in building strong partnerships with Alberta Health Services, Alberta Seniors and Housing, Lamont County Housing Foundation, University of Alberta Rural Medical Student and Pharmacy Elective Programs, University of Alberta Family Residency Program, Heartland Primary Care Network, NAIT, Lakeland & Norquest Colleges and others.

These partnerships are important to us since valuable learning opportunities are gained from interactions with residents and students.

Our Family Physicians, Supervisors and front-line Staff provide valuable support to students and residents alike.

We recently partnered with Edmonton Meals-on-Wheels, the Bruderheim Agricultural Society and Strathcona Information and Volunteer Centre to offer at a nominal cost, a variety of frozen meals to Seniors and others who are unable to or do not wish to prepare meals at home.

These meals are prepared in accordance with the Canada Food Guide and Public Health Standards.

The meals can be purchased from Lamont Health Care Centre, ranging from \$4.50 to \$6.00/meal.

Lamont Health Care Centre is only an intermediary partner and has agreed to provide these prepared meals at cost. To place an order, please phone 780-895-5833. For more information, contact Marilyn Thomas at 780-895-5800 Ext. 3163.

Mission Statement

We believe that wholeness of body, mind and spirit is God's will for every person.

We are committed to the healing process, the promotion of health
and the provision of compassionate care to all persons.

FACILITY UTILIZATION

For the period for the year ending October 31, 2016

Statistical

Beds in use and in service	
Acute Care	14
LTC	105
(includes 4 Community beds for Respite & Palliative Care)	
Supportive Housing Suites	42
- Morley Young Manor	
Total Admissions to Acute Care	194
Total Admissions to Long Term Care	42
(includes Respite & Palliative Care)	
Total Admissions to Morley Young Manor	3
Acute Care Patient Days	2,341
% Occupancy in Acute Care	78%
Average Length of Stay in Acute Care	11.68days
Long Term Care Resident Days	13,094
(includes Respite & Palliative Care)	
% Occupancy in LTC	86%
Average Length of Stay in LTC	519 days
Average Length of Stay in Respite Care	13 days
% Occupancy in Morley Young Manor	95%
Total Surgical Procedures Performed	1,512
Minor Surgery performed outside of	
Operating Room Theatres	369
Emergency Visits	3,138
Scheduled Out-Patient Visits	
(Podiatry/Stress Testing/Surgical Consults and Pre-Operative Visits)	1,108
Total Physiotherapy Visits	11,287
Total Occupational Therapy Visits	1,202
Total Recreational Therapy Visits	10,143
Total Diagnostic Radiology Visits	3,912
(includes ECGs)	
Total Meal Days	25,953
Total Patient Registrations	12,196
Total Staff on Payroll	252
(includes Full-time, Part-time & Casual)	

Financial Operations

Total Revenues	\$8,942,407.
Total Expenditures	\$9,441,996.

Medical Services

Astotin Medical Clinic Phone: 780-895-7436
Dr. Zainool Mohamed – Family Physician & Palliative Care Consultant for Alberta Health Services
 Clinic Days: **Monday, Wednesday & Friday**
 Office Hours: **9:00 a.m. – 5:00 p.m.**
Dr. Eyad El-Hajj – Family Physician
 Clinic Days & Hours: **Monday, Tuesday & Wednesday**
9:00 a.m. – 5:00 p.m.
Thursday 9:00 a.m. – 6:00 p.m.
Friday 9:00 a.m. – noon.

Claudiu Iordache Medical Clinic
Dr. Claudiu Iordache – Family Physician
 Phone: 780-579-1333
 Clinic Days & Hours: **Monday, Wednesday, Thursday & Friday** 9:00 a.m. – 5:00 p.m.
Tuesday 4:00 p.m. – 5:00 p.m.
Mundare Office Phone: 780-764-2200
 Clinic Days & Hours: **Tuesday 9:00 a.m. – 3:00 p.m.**

Lamont Family Physician Clinic Phone: 780-895-5910
Dr. Jaime Namit – Family Physician
 Clinic Days: **Monday through Friday**
 Office Hours: **7:00 a.m. – 4:00 p.m.**

Lamont Medical Clinic Phone: 780-895-2515
Dr. Ramesh Juta & Dr. Omar Farooq – Specialists in **General Surgery**
Consult Appointments by Referral Only.

SANUS Medical Clinic
Dr. John Slanina – Family Physician
 Phone: 780-895-2272
 Clinic Days & Hours: **Tuesday 8:30 a.m. – 8:00 p.m.**
Wednesday 8:30 a.m. – 5:00 p.m.
Thursday 8:30 a.m. – noon
Friday 8:30 a.m. – 4:00 p.m.
Mundare Office Phone: 780-764-2200
 Clinic Day & Hours: **Monday 10:00 a.m. – 3:30 p.m.**
Thursday 2:30 – 5:30 p.m.

Note: **Dr. Slanina** now offers STEM Cell Injections at his Office Clinic. This procedure is used to assist in the regeneration of ligaments/joint tissue, etc. Please call his Clinic for further information.

Security

Please note that for security reasons, the Main Entrance to the Hospital will be locked from 8:30 p.m. daily and will be re-opened for public access at the following times:

Monday through Friday 6:30 a.m.

Weekends and Stat Holidays 7:00 a.m.

Patients requiring Emergency Services are asked to proceed directly to the Ambulance Entrance.

Emergency Services

A reminder to Residents that the **Emergency/Out-Patient Department** is open **daily (including weekends and statutory holidays)** between the hours of **8:00 a.m. and 8:00 p.m.** A Physician is on-call for emergency services. The Emergency Department is opened for use by Patients needing Acute Emergency Services only; e.g. severe trauma, chest pain, acute respiratory distress, severe allergic reactions and other medical emergencies. Patients requiring non-emergency care may be referred to their family physician. Prescription renewals **will not** be filled in the Emergency Department.

Please note that Residents requiring access to Emergency for non-Acute Services after 8:00 p.m. are reminded to attend Fort Saskatchewan Health Centre, St. Joseph's General Hospital (Vegreville) or another community hospital which offers 24-hour Out-Patient/Emergency Services.

Ambulance and other emergency vehicle traffic can access the Emergency Department on the West side of the Main Entrance via 52nd Avenue and North on 54th Street.

Accordingly, if you or an Ambulance should visit the Emergency Department after 8:00 p.m. for a life-threatening emergency, a **Nurse** will assess your condition and will provide advice about treatment options or request the presence of the Physician on-call for immediate treatment **if required** and deemed necessary.

Calling the hospital after 8:00 p.m. may not provide an answer to your problem/concern; you may be asked to visit the nearest Emergency Department or if you require advice call **HEALTH Link Alberta '811'**.

HEALTH Link Alberta Health advice 24 hours a day
Call '811'

You never know when you'll need immediate health advice or information. That's why Health Link Alberta is available to you **24 hours-a-day, 7 days-a week**. One call will connect you to a Registered Nurse who can answer your questions and give you sound advice whenever you need it because health needs don't keep office hours. Current reports indicate that the Health Link is serving a very useful purpose.

Visiting Specialists

* **Obstetrician/Gynaecologist** Dr. S. Azer

* **Ophthalmology** Dr. R. Harris, Dr. M. Kutzner
& Dr. J. Heston

* **Stress Testing** Dr. A. Bharmal

* **Orthopedic Surgeon** Dr. A.R. Manolescu

* **Appointments with Dr. Azer, Dr. Harris, Dr. Kutzner, Dr. Heston, Dr. Bharmal and Dr. Manolescu are made through their respective Offices.**

Foot/Ankle Surgical Specialist Dr. Karim Ravji

Appointments with **Dr. Ravji** are by Referral Only.

This Clinic offers a variety of Foot Care Services including Diabetic Foot Care, STEM Cell Injections, Orthotics, etc.

ENT Specialist Dr. V. Velmurugiah

Appointments by Referral Only Phone: 780-579-1717

Clinic Days & Hours: **Thursday & Friday**
8:00 a.m. - 4:00 p.m.

The **ENT Clinic** is located in LHCC across the hallway from the Diagnostic Services (Laboratory/X-Ray) Department.

Other Health/Medical Services

Podiatry – Dr. D. Gibbs

Visits are made at least monthly. No referral necessary. Please phone the **Lamont Health Care Centre Business Office** at 780-895-2211 if you wish to access this Service.

Prosthetics & Orthotics Clinic

Bouma Orthotic Clinics and Troppman Prosthetics Ltd. have partnered with Lamont Health Care Centre to hold clinics for those persons requiring these services. Appointments can be made by calling:

Troppman Prosthetics 780-438-5409

Bouma Orthotic Clinics 780-417-7008

Lamont Vision Centre Phone: 780-895-2770

Dr. Scott Lopetinsky - Optometrist &

Dr. Kerri Erickson - Optometrist

Clinic Days & Hours: **Monday through Friday**
9:00 a.m. – 5:00 p.m.

Services offered include:

- Routine Vision and Diabetic Exams
- Cataract Assessments
- Driver's Vision Exams.

Optometrists are available for scheduled appointments all day every Tuesday and Thursday and on Friday mornings. The **Optometry Clinic** is located on the Ground Floor of the Archer Building.

Other Health/Medical Services – continued ..

Lamont Healing Touch Therapeutic Massage Therapy

Ms. Jessie Vincent, RMT

Appointments may be made by phoning **780-394-7858**

Or e-mailing **lamonth Healingtouch@gmail.com**

Alberta Heartland Primary Care Network (AHPCN)

The AHPCN is located on the Ground Floor of the Archer Building.

Telephone: **780-895-2022**

Referrals are accepted from Lamont Physicians or one can phone directly for an appointment.

Services include:

- Mental Health Support
- Senior Health Assessments
- Diabetes Support and Education
- Weight Management & Education
- Pre-Diabetes
- Women's Health
- Pharmacist Support
- Physical Activity & Exercise Counselling
- Nutrition Support and Education.

Alberta Health Services – Home Care/Community Health, Rehab Services, Mental Health & Addiction Services

These Services are available from the **Lamont Health Unit** which is located in the **Archer Building** of the Lamont Health Care Centre. Residents requiring access to these Services may call **780-895-2211** and ask for Home Care, Community Rehab or Mental Health & Addiction Services.

Lamont Dental Clinic *Dr. Dorothee Saleski - Dentist*

Clinic Days: **Tuesday through Friday**

Clinic Hours: **9:00 a.m. – 5:00 p.m.**

Telephone: **780-895-2566**

Clinic is located on Main Street Lamont (next to Alberta Treasury Branch).

Parking

Community patrons are reminded to observe/obey the parking signs around Lamont Health Care Centre. Please do not block the Main Entrances, Fire Hydrant or any other marked areas. **Vehicles found in these locations will be towed away at owner's expense.**

Patrons are also asked to turn off running engines since the engine exhaust is taken into the regular ventilation system. The exhaust can be very nauseating to Patients, Residents, Staff and Visitors.

Parking – continued ..

Patrons who attend Lamont Medical Clinics are reminded that the West Parking Lot is designated for Staff Parking Only.

Visitors are asked to park along the public streets. This also includes visitors to Morley Young Manor.

Smoking

Lamont Health Care Centre is a designated smoke-free facility (Hospital & Grounds). We ask those who need to smoke, to do so at least 5 metres away from all doorways and building entrances. Please refrain from smoking in the Front Entrances.

Once again, we encourage all community patrons/patients and visitors to respect the 'no smoking' signs as posted.

The Town of Lamont has a new smoking bylaw; please note that smoking should always be at least 5 metres (approx. 16.5 feet) from entrances to public buildings. A fine will be enforced by the Town for non-compliance.

Volunteer Corner

Volunteers play an important role in our hospital, volunteering their talents to assist Residents and Patients with various activities. These include recreational support, bus outings, reading, directing patients to various services, walking Residents, etc.

Anyone who has an interest in serving at our Community Hospital is invited to contact Ms. Wendy Horricks at 780-895-2211; she will be pleased to offer a tour of the facility and also discuss areas of interest where you can play a significant role in the care and service offered to our Residents.

We know that Volunteers are the heart of our Community and they do not replace Professional Staff; however, the presence of Volunteers in our facility is a very valuable asset as they interact and build relationships with Patients/Residents. These relationships offer a unique experience in fostering Patient/Resident satisfaction and bringing smiles to the lonely and disenchanting.

You can make a difference; we invite you to take the first step and consider joining the team.

Please note that the Auxiliary of the Lamont Health Care Centre is recruiting new members and extends an invitation to the public to join the organization. The reward is the giving of one's self in service to others. Men, women and youth are welcome to join. For further information please contact *Ms. Sheila Vilcsak* at **780-895-2971**.

Website

We invite you to visit the LHCC's **Website** at www.Lamonthhealthcarecentre.com.

Please share your thoughts and provide your comments/feedback about the design/information and other features of this Website.

'MEDICAL CORNER'

Thanksgiving is well behind us and now that we are approaching Christmas maybe it is time to make some healthy life choices. The five simplest life choices a person can make are: not smoking, doing regular physical activity, eating healthy, watching your weight and not to drink excessive amounts of alcohol.

But what does eating healthy mean? Eating fruit and vegetables are very important. Most recommendations are five portions of fruit and vegetables per day. A portion usually means a handful.

A third of most meals should be starch-based foods such as cereals, breads, potatoes, rice and pasta but no more than that. In terms of fats, fatty meats, fatty cheeses, full cream milk, fried food and butter should be used moderately and there should be two to three portions of fish per week. Lean meat such as poultry is actually the best meat choice; when frying, frying in vegetable oil such as sunflower oil or olive oil is recommended.

One of the biggest controversies is when we are looking at what kids think and drink; one issue that I recently came across during an emergency room visit, was a mom who insisted that fruit juices were more healthy than pop (soda drinks). A research journal called Nutrition published an article in June, 2016 looking at the amount of sugar that is present in fruit juices versus pop. Fruit juice has a sugar called fructose at 44.5 gm/litre. Soda has the same type of sweetener at 50 gm/litre. Minute Maid juice which is 100% apple has 66 gm of sugar per litre which is actually more than the 62.5 gm/litre in Coke and 61gm/litre in Dr. Pepper. In terms of fruit juices versus soft drinks, Ocean Spray cranberry juice 100% has 55.4 gm of sugar per litre compared to Arizona Ice Tea which has 59.3 gm of sugar per litre whereas Tropicana 100% orange juice only has 28.3 gm of sugar.

So, my recommendation is to use both products sparingly but don't get fooled by the label of "natural" or "healthy" because it is one of the ploys that the food industry uses to sell the same product under a different name.

When talking about health we must not forget about exercise. One of the easiest forms of exercise is walking. The recommendation is that any kind of activity is better than no activity at all. Small amounts of physical activity such as moving around doing light tasks have health benefits compared to being completely inactive.

Mild physical activity which gets you a little out of breath and a little sweaty will provide more health benefits; for example: fast walking, heavy gardening or cycling. The recommended amount of time is 30 minutes of activity on most week days; however, two short bursts of 15 minute activity even at different times of the day would be just as good.

With regards to alcohol consumption there is a wide variation in the amount of alcohol that is recommended; however, pregnant women should not drink at all and remember everybody's tolerance to alcohol is different; the important thing is knowing your own tolerance and then keeping well away from your upper limit of tolerance.

I wish you health for the festive season and all the best in the New Year.

- *Dr. Zainool Mohamed, Chief of Medical Staff - LHCC*

Donations

We encourage community support of monetary gifts, memorial donations and/or bequests to Lamont Health Care Centre.

Donations are used to enhance the care and service provided and are directed toward the purchase of capital equipment, various Patient/Resident Comforts or other specified purposes.

The need for new and improved technology is on-going; your support makes a difference in the lives of those entrusted in our care; every donation, no matter how small, makes a difference.

In early 2017, we will embark on a fundraising drive to purchase a new mini-van for Patient/Resident transportation to miscellaneous medical appointments which are not covered under the Health Plan.

Your support has been and will always be invaluable.

We acknowledge with sincere thanks and appreciation the following donations:

Memorial Donations

Patient Comforts \$ 9,880.00
in memory of **Annie Davison, Don Fountain, William Melenka, Mary Sharun, Emelia Eleniak, Ann Zacharko, Barry Tomlinson, Victor Yaremccio, Clair Meyer, Leah Frauenfeld, Joseph Weleschuk, Adella Letwin, Nellie Paton, Steve Padlesky, Linda Prusak, Joe Hrycyk, Nick Pullishy, Herb Bowley, John Rohatynski, Anne Rohatynski, Gary Bennett, Gloria Bennett, Fred Prochnau, Grace Boyko, John Kmech, Emil Kottke.**

Memorial Donations – continued ..

<i>Low Air Pressure Mattress</i>	\$ 200.00
in memory of Clair Meyer, Marcel Ricone, Petronella Lewyk, Joseph Weleschuk	
<i>patient Comforts - Palliative Care</i>	\$ 50.00
in memory of Malcolm Emberg	
<i>Patient Comforts (Auxiliary Wing)</i>	\$ 250.00
in memory of Annie Davison	
<i>Morley Young Manor</i>	\$ 306.00
in memory of Grace Boyko	

Other Donations

<i>Low Air Pressure Mattress</i>	
Correctionby Rose Zazula	\$5,000.00
<i>Donation-in-kind</i>	
<i>Plants</i> by Jones Family Greenhouse	\$ 269.49
<i>Broda Pedal Rocker/Chair with Attachments</i>	
by Focus Health Products Ltd.	\$2,484.00
<i>Patient Comforts</i>	
by Melanie Craigen	\$ 335.47
by Dale Ostafichuk	\$ 29.99
by Joe Gluckie	\$ 11.99
by Bradley-Braham Foundation	\$ 405.75
by Linda Serink	\$ 50.00
by Andrew Lions Club Bingo Account	\$ 100.00
by Bruderheim Lions Club Casino Account	\$1,000.00
by Richard Purschke	\$ 20.00
by Molly Weleschuk	\$ 20.00
<i>In Lieu of Paint Workshop</i>	
by Nancy Tymchak	\$ 50.00
by Bessie Fedoruk	\$ 50.00
by Guenther & Caroline Kottke	\$ 100.00
by Anne Skjoth	\$ 100.00
by Laura Chomyshen	\$ 45.00
by Jody Zabel	\$ 50.00
<i>In honour of Kent & Shirley Harrold's 65th Anniversary</i>	
by Thomas & Mae Adamyk	\$ 25.00
<i>In honour of Pat & Lawrence Hryniw's 50th Anniversary</i>	
by Albert & Florence Stelmach	\$ 50.00
<i>Patient Comforts/Low Air Pressure Mattress in honour of Tom & Mae Adamyk's 50th Anniversary</i>	
by Neil Waugh & Gloria Letwin	\$ 50.00
by Florence Dobberthien	\$ 20.00
by Bruce & Bonnie Anthony	\$ 25.00
by Kent & Shirley Harrold	\$ 30.00
by Peter & Emily Kostiuk	\$ 20.00
by MaryAnn Holowach	\$ 25.00
by Sophie Sheptycki	\$ 25.00
by Helen Hocolak & Loraine Schreiber	\$ 25.00
by Julie Waldron	\$ 25.00
by Charles & Deborah Gargus	\$ 50.00

Other Donations

<i>Patient Comforts/Low Air Pressure Mattress in honour of Tom & Mae Adamyk's 50th Anniversary</i>	
– continued..	
by Ken & Lorna Kucy	\$ 50.00
by William & Mary Procinsky	\$ 50.00
by Henry & Marilyn Pruss	\$ 50.00
by Lawrence & Pat Hryniw	\$ 50.00
by Eugene & Marlene Bodnar	\$ 50.00
by Anonymous (2 x \$50.00)	\$ 100.00
by Grant & Delores Cossey	\$ 50.00
by Gero & Doris Wendorff	\$ 50.00
by Sheila Sharun	\$ 50.00
by Ronald & Rita Kucy	\$ 50.00
by Steven & Lynnette Miller	\$ 50.00
by John & Connie Newgard	\$ 50.00
by Harvey & Gloria Downie	\$ 50.00
by Wilfred & Elizabeth Beaton	\$ 50.00
by Gerald & Geraldine Kucy	\$ 50.00
by Michael & Pat Prokopiw	\$ 100.00
by Dennis & Cissy Dembicki	\$ 100.00
by Jeff & Janette Adamyk	\$ 100.00
by Doug & Jacqueline Fenske	\$ 100.00
by Donald & Linda Adamyk	\$ 100.00
by Edward & Marie Stelmach	\$ 100.00
by Albert & Florence Stelmach	\$ 100.00
by Kenneth & Victoria Pilip	\$ 100.00
by Steve & Stella Stodola	\$ 100.00
by Martin & Helen Akerboom	\$ 300.00
by J. W. Namit Prof. Corp.	\$ 500.00
by Bill & JoAnne Letawsky	\$ 50.00
by Chris & Rosann Klita	\$ 50.00
by Hersh & Cheryl Rosenthal	\$ 40.00
by Danny Zallas	\$ 100.00
by Paul & Lydia Andruchow	\$ 50.00
by Richard & Nettie Mastaler	\$ 50.00
by Allan & Joan Borys	\$ 40.00
by Tom & Mae Adamyk	\$ 75.00
<i>Use of 'Party Room'</i>	
by Bill Sliwkanich	\$ 20.00
<i>Christmas Festivities</i>	
by Betty Kuefler	\$ 50.00
by Nancy Tymchak	\$ 100.00
by Anne Zazula	\$ 50.00
by John & Lillian Kwasny	\$ 50.00
by Gale Birch	\$ 100.00
by Matt Prokopiw	\$ 50.00
by Carol Howie	\$ 50.00
<i>Recreation Department in honour of Mary Orlesky's 96th Birthday</i>	
by Peter Polischuk	\$ 25.00
by Patricia Tompkins	\$ 25.00
by Nancy Tymchak	\$ 50.00
by Anonymous	\$ 20.00

Other Donations – continued ..

**4th Annual Dr. M. Ray Memorial Golf Tournament –
Benefiting LHCC's Surgical Programs**

by St. Michael Golden Age Club	\$ 500.00
by 1034722 Alberta Ltd. - Lamont Foods	\$ 100.00
by Dixie Stumpf	\$ 100.00
by Kim Pshyk	\$ 100.00
by Ross Creek Medical Clinic	\$ 750.00
by Park Memorial Ltd.	\$ 150.00
by Mike Chernyk	\$ 5.00
by Wayne Serink	\$ 75.00
by Lamont Catering Club	\$ 150.00
by Anonymous	\$ 500.00
by Marg Mrazek	\$ 200.00
by Alberta Orthopedic & Podiatric Group Inc.	\$ 250.00
by Claudiu & Mihaela Iordache	\$ 500.00
by Vel Velmurugiah Prof. Corp.	\$ 250.00
by Eyad El-Hajj Prof. Corp.	\$ 500.00
by Z. A. Mohamed	\$ 500.00
by Kent & Shirley Harrold	\$ 300.00
by Kenneth & Victoria Pilip	\$ 500.00
by J. W. Namit Prof. Corp.	\$ 500.00
by Marian Pirnak	\$ 200.00
by Chipman Lions Club Activities	\$1,000.00
by Lamont Home Hardware (Miller Hardware Ltd.)	\$ 500.00

Towards Purchase of Mini-Van

by Elk Point United Church	\$1,000.00
by Lamont Fish & Game Association	\$ 500.00
by Andrew Rainbow Club	\$ 500.00
by Auxiliary of LHCC	\$1,000.00
by Lamont United Church Women	\$1,500.00
by Chipman Lions Club Casino Acc't.	\$1,000.00

We are currently planning the next Golf Tournament. This event will be held on **Saturday, June 24th, 2017** at **White Tail Crossing** in **Mundare**.

Your support at this event will be greatly appreciated. Please mark your calendars. Details will be provided prior to June 24th, 2017.

You may visit the Website for details at www.lhccgolftournament.com

Thank you.

Sincerely,

Board, Administration & Staff